

# Senior Class Field Trip

## Teen Quest

Friday, September 19, 2025

Dear Parents/Guardians and Students:

On **Friday, September 19, 2025**, our entire 12<sup>th</sup> grade will take an **extended day retreat** to Teen Quest Ranch in Somerset, PA. The purpose of this trip is to provide the students with environmental experiences, to encourage team building, to provide opportunities for positive interaction, and celebrate the start of their senior year at City High. **All students are encouraged to participate.**

***\*\*\*Students are requested to take off of work Friday night, as they will not be back in the Pittsburgh area until around 10:00 pm.\*\*\****

**ALL STUDENTS NEED TO TURN IN BOTH A TEEN QUEST WAIVER AND City Charter High School PERMISSION SLIP FOR THIS TRIP!**

### Tentative Itinerary

**NOTE:** We will be going regardless of the weather. Please have students dress accordingly. Students must be in **appropriate** casual clothing. Clothing should be worn in layers to accommodate all possible weather conditions including rain. Non-slippery shoes are important. Clothing may get wet and/or dirty. **WEAR APPROPRIATE SHOES!!!**

7:45-8:00 am	ARRIVE @ City High ***String Bags or Backpacks Only Leave YONDR pouches at home Students will go to their assigned Quiet Room for attendance until dismissed.
8:30 am	Depart from CCHS
10:00 am -11:20 am	Team Building Activities
11:30 am	Lunch
1:00 pm – 5:15 pm	Activities throughout the camp
5:30 pm	Dinner in Dining Hall
7:00 pm	Corn Maze
8:00 pm – 9:00 pm	Senior Bonfire with s'mores
9:00 pm	Board buses
10:00 pm	Arrive at City High

### What to Bring?

- Ball cap, sunglasses, and sunscreen
- Sneakers
- Hoodie or jacket for the evening
- Rain gear
- Change of clothes
- **Optional: Money for the camp store that sells snacks. This is not covered by the school.**

### What not to take?

There are no student lockers at the retreat facilities. DO NOT BRING ANY “extra stuff” that could be lost or damaged. All materials should be kept in the school lockers or left at home. **The school is not responsible for any lost or missing items.** Everything that is needed will be provided.

### What about Cell Phones?

Students may bring cell phones. ***Students are not permitted to have the phones on them while participating in the various Teen Quest activities. The school is not responsible for any lost, broken, or missing phones. Also, be aware that it is likely that cell phones will not receive any reception in the area around the Teen Quest Ranch.***

### What about meals and snacks?

Two meals (lunch & dinner) will be provided at the camp. Some snacks will be provided by the school.

### What should be done with medications?

Students may carry asthma inhalers with them. **However, all other medications must be turned into the school staff before leaving on the trip.**

If for some reason your student will not be able to participate in the trip, they should stay home, as there will not be any 12<sup>th</sup> grade teachers at the school on Sept. 19, 2025. **Students who do not participate will be marked absent unexcused. The only excused absence will be for medical reasons.**

**It is expected that all students will adhere to school rules during the entire trip.**

### Activity Choices:

- Horseback Riding
- Paintball
- Corn Maze
- Fishing
- Boating
- Mountain Boarding
- ATV
- Bonfire
- Basketball/Football/Soccer
- Sand Volleyball
- Indoor Rock Climbing
- Driving Range
- Archery
- Gaga Ball
- Frisbee Golf, Badminton, and Horseshoes
- **Team Building Adventure-** All of the students and faculty will get a chance on Friday morning to participate in the Team Building Adventure, which features eight elements to build trust and community! Work together to get through the Spider Web, Tangle Web, Challenge Wall, Challenge Lift, Balance Deck, Balance Wire, trust fall, and Port Hole. Go, Team!



**If you have any questions or concerns please reach out**

**Ms. Quintero**  
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**Activities Manager**  
**City Charter High School**



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## Teen Quest

Friday, September 19, 2025 – 7:45 am – 10:00 pm.  
Permission slips are due back 9/12/25

My child, \_\_\_\_\_ (Please print clearly), has permission to participate in the special extended day trip to Teen Quest Ranch on Friday September 19, 2025.

By signing below, I understand students will need to conduct themselves appropriately and interact courteously with all Teen Quest staff members, Company Bus Drivers, City High Faculty and Staff, all City High students, and any other individuals we encounter. The rules of conduct listed in the Student Handbook are to be followed during field trips.

By signing below, I understand that if my student does not attend school it will count as **ONE (1) unexcused absence**, unless a doctor's excuse is provided.

By signing below, I understand my student will have an **EXTENDED DAY (until 9:00 pm) at Teen Quest Camp and will not get back to Pittsburgh until 10:00 pm** Students *will call to alert their ride when we are ½ hour away from the school*. Students should alert any employer now that they will **not be able to work** on Friday, September 19, 2025.

By signing below, I understand my child must dress comfortably, appropriately, and in accordance with the weather.

By signing below, I understand that if my student does take a cell phone, other electronic devices, or any other personal items on the field trip, City Charter High School, Teen Quest Camp, and the contracted bus company are not responsible for any lost, stolen, or damaged personal belongings.

***By signing below, I understand ALL STUDENTS MUST ALSO SUBMIT THE RELEASE FORM FROM TEEN QUEST CAMP. (See the back of this permission slip)***

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Student

\_\_\_\_\_  
Date

**TEEN QUEST RELEASE FORM** (COPIES MAY BE MADE) **REQUIRED FOR EACH PARTICIPANT PLEASE READ CAREFULLY AND SIGN**

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Our program and facilities are operated in a clean, safe manner. However, in case of illness or accident, we must have a Health History/Medical Consent Form completed and signed for each camper. Campers under age 18 must have signature of parent or legal guardian. Your camper cannot begin the program unless this form is completed and the required signatures are provided. Please be aware that Teen Quest does NOT provide medical or hospital insurance coverage.

Student Name \_\_\_\_\_ Phone \_\_\_\_\_ Age \_\_\_\_\_ D.O.B. \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Postal Code \_\_\_\_\_ Email \_\_\_\_\_ @ \_\_\_\_\_

Parent/Guardian Name(s) \_\_\_\_\_ Day Time Phone (\_\_\_\_) \_\_\_\_\_ Evening Phone (\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

**Emergency Contact** (other than parent) \_\_\_\_\_ Relationship to Camper \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

**Names of anyone other than parent/guardian authorized to pick up or sign camper out of camp.** \_\_\_\_\_

Church \_\_\_\_\_ Pastor's Name \_\_\_\_\_ Youth Pastor's Name \_\_\_\_\_

**CONFIDENTIAL Medical Information:**

Do you carry family medical/hospital insurance? Y / N Insurance Carrier \_\_\_\_\_ Policy # \_\_\_\_\_ Name of responsible party \_\_\_\_\_

Relationship to camper \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ Name of Family Physician \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Date of last Tetanus Shot \_\_\_\_\_ Are all immunizations up to date? Y / N

List any allergies or unusual ailments: \_\_\_\_\_ Has camper been recently exposed (within last 3 weeks) to any kind of communicable disease? Y / N

List all medical conditions: physical, emotional, behavioral disorders and learning disabilities. \_\_\_\_\_

Please List ALL Allergies: Drug \_\_\_\_\_ Food \_\_\_\_\_ Insect/Plant \_\_\_\_\_ Diet Restrictions \_\_\_\_\_

List medications camper will require while at camp and reason for taking the medicine. \_\_\_\_\_

All prescription medications, over-the-counter medications, vitamins, and herbal products that are provided to First Aid to administer to your child MUST be in ORIGINAL containers with labels and dispensing instructions in English. We do not administer injections. YOU must provide a prescribed Epi-Pen if needed.

HORSEBACK RIDING I understand the horses to be well trained but realize the danger of horseback riding. I believe myself / my child to be of sound health with sufficient maturity to ride. I expect only the ownership and management of Teen Quest to allow me /my child to horseback ride at my /my child's own risk. Due to insurance, only 9 years and older can ride without a lead rope.

PAINTBALL COMPETITION I understand by my /my child's participation in the sport and activities of paintball that weaponry involved in paintball is significant, including the potential for permanent disability and death, and while particular equipment and personal discipline will minimize the risk, the risk of serious injury does exist. I expect only the ownership and management of Teen Quest to allow me /my child to participate in paintball at my own risk. Junior age students only participate in target practice.

**PARENTAL/GUARDIAN AUTHORIZATION**

By signing this form I give my informed consent to the First Aid personnel assigned by Teen Quest. I understand that it is my responsibility to make arrangements for a camper with greater health care needs than the First Aid personnel can provide within their individual certifications, licenses and scopes of practice. I authorize Teen Quest to arrange for or provide any necessary related transportation to the nearest medical facility for urgent or emergency medical treatment if indicated, and I do assume all responsibility for payment for such treatment. This completed form may be photocopied for trips away from Teen Quest properties. I authorize the use of the following generic, over-the-counter medications as directed by the labels provided by the manufacturer for my child: throat lozenges or spray, anti-nausea/diarrhea, Epi-pen, (by prescription), antacid, antibiotic ointment, hydrocortisone cream, burn cream, petroleum jelly, chapped skin/lip treatment, antiseptic skin and wound cleansers, Ipecac, electrolyte replacement fluids, analgesic balms and gels. I have requested Teen Quest to allow my child to participate in any and all activities that may include but are not limited to those outlined in the camp brochure. As a condition of receiving this benefit, I do hereby agree to the following: I understand that my child's participation in these activities can expose him/her to dangers both from known and unanticipated risks. Teen Quest program includes but not limited to: rock climbing, rappelling, hayrides, go-carts, water sliding, boating, horses, paintball, Challenge Course, skate boarding, archery, mountain boarding, high ropes, trampoline, basketball, football, hockey, field games, snow tubing, snow boarding, ice hockey, snow mobile riding/tubing. Acknowledging that such risks exist, I, on behalf of myself, my child and any other party who may have the right to assert any rights for or on behalf of my child, do hereby forever release and discharge, indemnify and hold harmless Teen Quest., its affiliates, officers, directors, agents, employees, insurers, successors in interest, attorneys, or any other person or persons associated with any or all of them who might be liable (the "Released Parties") from and against any and all claims, causes of action, actions, suits, demands, losses, damages, expenses, costs or liability (collectively, "Losses") arising from or in connection with my child's participation in Teen Quest's camp and its activities, including losses arising from the negligence of any of the Released Parties, whether such Losses arise in connection with bodily injury (including death), property damage or otherwise (collectively, the "Released Claims"). The Released Claims include Losses arising out of any condition of the premises at which the camp activities are held or the conduct of any person in connection with the preparation for, supervision of, or conduct of any activity, whether planned or unplanned. I further understand and acknowledge that I make this release in full accord and satisfaction of and in compromise of any and all Released Claims. I represent and acknowledge that I have read and understand this form and the release granted above and warrant that all statements made herein are true to the best of my knowledge. I have read and understand this entire form and by signing below agree to the terms herein.

If a dispute over this agreement or any claim for damages arises, the Participant (or parent/guardian) agrees to resolve the matter through a mutually acceptable alternative dispute resolution process. If the Participant (or parent/guardian) cannot agree upon such a process, the dispute will be submitted to a three-member arbitration panel for resolution pursuant to the rules of American Arbitration Association. I give my permission for pictures / videos in which myself or said minor child appears to be used in future camp brochures, flyers, videos, website, or the promotional literature published and used by the Teen Quest Ranch Please: NO alcohol, drugs, fireworks, knives, personal electronic equipment, or paintballs. You may bring your own paintball gun. We are not responsible for loss or theft.

SIGNATURE OF PARENT / LEGAL GUARDIAN \_\_\_\_\_ DATE: \_\_\_\_\_ PRINTED NAME OF PARENT \_\_\_\_\_

SIGNATURE OF PARTICIPANT \_\_\_\_\_ DATE: \_\_\_\_\_ If over 18 years of age



## Allergy Awareness Form

Dear Parent,

We are here to make your child's camping experience a positive life-changing one. We will do all we can to make that happen. Due to the fact some students have nut, gluten, casein, and various other allergies to food, we try to keep our menus simple with simple ingredients.

We do our best to accommodate food allergies if notified two weeks ahead of scheduled camp with this form signed. We do not prepare special food due to preference.

We serve buffet style meals and we serve salad bar most meals and fruit at every breakfast. Please be aware that we are not a dedicated facility and process all types of food in the same kitchen.

For those parents extremely concerned: Due to cooking for high volume, it will be very helpful for your student to pack some of his/her substitution food. We can discuss the need for this if needed, depending on your child's particular allergy and how severe. Yes, there is refrigeration and storage.

Note: Our Tin Spur, the snack shop, does have candy bars and chips that possibly contain nuts or have been made in factories with nuts. We also serve milkshakes.

All guests assume personal responsibility for their dietary needs and communication of dietary needs. We will do our best to accommodate you.

Please fill out the following information to enable us to serve you better.

Camper's Name \_\_\_\_\_ Phone \_\_\_\_\_ Parent's Phone \_\_\_\_\_

Email \_\_\_\_\_ @ \_\_\_\_\_

My child is allergic to - \_\_\_\_\_

Past allergic reactions and how handled - \_\_\_\_\_

Does your child have an epi pen?

☐ Yes

☐ No

\*Please make sure you pack if one is needed.

Does he/she know the process of using an epi pen?

☐ Yes

☐ No

Signature \_\_\_\_\_

Date \_\_\_\_\_

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