## Senior Class Field Trip Teen Quest

Friday, September 19, 2025

Dear Parents/Guardians and Students:

On *Friday, September 19, 2025,* our entire 12<sup>th</sup> grade will take an **extended day retreat** to Teen Quest Ranch in Somerset, PA. The purpose of this trip is to provide the students with environmental experiences, to encourage team building, to provide opportunities for positive interaction, and celebrate the start of their senior year at City High. <u>All</u> <u>students are encouraged to participate</u>.

\*\*\*Students are requested to take off of work <u>Friday</u> night, as they will not be back in the Pittsburgh area until around 10:00 pm.\*\*\*

ALL STUDENTS NEED TO TURN IN BOTH A TEEN QUEST WAIVER AND City Charter High School PERMISSION SLIP FOR THIS TRIP!

#### **Tentative Itinerary**

<u>NOTE</u>: We will be going regardless of the weather. Please have students dress accordingly. Students must be in <u>appropriate</u> casual clothing. Clothing should be worn in layers to accommodate all possible weather conditions including rain. Non-slippery shoes are important. Clothing may get wet and/or dirty. **WEAR APPROPRIATE SHOES!!!** 

7:45-8:00 am	ARRIVE @ City High  ***String Bags or Backpacks Only  Leave YONDR pouches at home  Students will go to their assigned Quiet Room for attendance until  dismissed.				
8:30 am	Depart from CCHS				
10:00 am -11:20 am	Team Building Activities				
11:30 am	Lunch				
1:00 pm – 5:15 pm	Activities throughout the camp				
5:30 pm	Dinner in Dining Hall				
7:00 pm	Corn Maze				
8:00 pm – 9:00 pm	Senior Bonfire with s'mores				
9:00 pm	Board buses				
10:00 pm	Arrive at City High				

#### What to Bring?

- Ball cap, sunglasses, and sunscreen
- Sneakers
- Hoodie or jacket for the evening
- Rain gear
- Change of clothes
- Optional: Money for the camp store that sells snacks. This is not covered by the school.

#### What not to take?

There are no student lockers at the retreat facilities. DO NOT BRING ANY "extra stuff" that could be lost or damaged. All materials should be kept in the school lockers or left at home. The school is not responsible for any lost or missing items. Everything that is needed will be provided.

#### What about Cell Phones?

Students may bring cell phones. Students are not permitted to have the phones on them while participating in the various Teen Quest activities. The school is not responsible for any lost, broken, or missing phones. Also, be aware that it is likely that cell phones will not receive any reception in the area around the Teen Quest Ranch.

#### What about meals and snacks?

Two meals (lunch & dinner) will be provided at the camp. Some snacks will be provided by the school.

#### What should be done with medications?

Students may carry asthma inhalers with them. However, all other medications must be turned into the school staff before leaving on the trip.

If for some reason your student will not be able to participate in the trip, they should stay home, as there will not be any 12th grade teachers at the school on Sept. 19, 2025. Students who do not participate will be marked absent unexcused. The only excused absence will be for medical reasons.

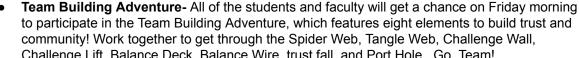
It is expected that all students will adhere to school rules during the entire trip.

#### **Activity Choices:**

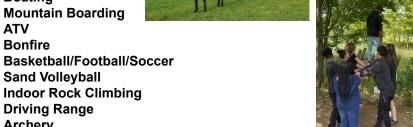


- Horseback Riding
- **Paintball**
- **Corn Maze**
- **Fishing**
- **Boating**
- - **ATV**
- **Bonfire**
- Basketball/Football/Soccer
- Sand Volleyball

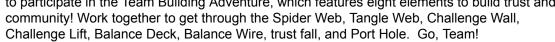
- **Archery**
- **Gaga Ball**
- Frisbee Golf, Badminton, and Horseshoes











If you have any questions or concerns please reach out

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Friday, September 19, 2025 – 7:45 am – 10:00 pm. Permission slips are due back 9/12/25

My child, (Please print clearly), has

Signature of <i>Parent/Guardian</i>	Date						
By signing below, I understand ALL RELEASE FORM FROM TEEN QUES permission slip)	STUDENTS MUST ALSO SUBMIT THE ST CAMP. (See the back of this						
electronic devices, or any other person	ny student does take a cell phone, other lal items on the field trip, City Charter High ntracted bus company are not responsible hal belongings.						
By signing below, I understand my child and in accordance with the weather.	d must dress comfortably, appropriately,						
10:00 pm Students will call to alert to	and will not get back to Pittsburgh until heir ride when we are $\frac{1}{2}$ hour away ert any employer now that they will not						
By signing below, <b>I understand that if</b> will count as <i>ONE (1) unexcused abs</i> provided.	my student does not attend school it sence, unless a doctor's excuse is						
	with all Teen Quest staff members, ulty and Staff, all City High students, and The rules of conduct listed in the Student						
permission to participate in the special on Friday September 19, 2025.	rticipate in the special <u>extended day</u> trip to Teen Quest Ranch nber 19, 2025.						

### TEEN QUEST RELEASE FORM (COPIES MAY BE MADE) REQUIRED FOR EACH PARTICIPANT PLEASE READ CAREFULLY AND SIGN Our program and facilities are operated in a clean, safe manner. However, in case of illness or accident, we must have a Health History/Medical Consent Form completed and signed for each camper. Campers under age 18 must have signature of parent or legal guardian. Your camper cannot begin the program unless this form is completed and the required signatures are provided. Please be aware that

Teen Quest does NOT provide medical or	re of parent or legal guardian. Your camper ca	innot begin the pro	gram uniess	this form is complet	ea and the required	signatures are provi	ided. Piease de aware that
	-		Age	D.O.B.	Sex		
Student NameAddress				Postal Code			$\bigcirc$
	Day Time Phone ()			ing Phone ()		Cell Phone (	
Emergency Contact (other than parent)	Relationshi	in to Camper	Lven	Phone (	)	cen i none (	_/
Names of anyone other than parent/gus	ardian authorized to pick up or sign campe	r out of camp		1 none (			
Church	Pastor's Name		Pastor's Nan	ne .			
CONFIDENTIAL Medical Information	n·	roun r	ustor sivan				
	urance? Y / N Insurance Carrier		Policy #	<u> </u>	Name	of responsible party	J
Relationship to camper		Name of Famil	v Physician		ranic	Phone ( )	y
Date of last Tetanus Shot	Are all immunizations up to date? Y / N		y i nysician_			1 none ()_	
List any allergies or unusual ailments:			Has camper	heen recently expose	ed (within last 3 we	eks) to any kind of	communicable disease? Y / N
List all medical conditions: physical emo	otional, behavioral disorders and learning disal	hilities	rias camper	occin recently exposi	ca (within last 5 we	2KS) to any kina or v	communicable disease: 1 / 1v
Please List ALL Allergies: Drug	Food	JIIIICS	Insec	t/Plant		Diet Restriction	ans
	le at camp and reason for taking the medicine.		111300	UT Tant		Diet Restrictio	
	unter medications, vitamins, and herbal produ		nd to First A	id to administer to w	our child MUST be	in ODIGINAL conf	toinare with labels and
	do not administer injections. YOU must prov				our clina MOST be	III OKIGINAL COIII	aniers with labers and
	horses to be well trained but realize the dange				to be of sound bools	h with sufficient me	atumiter to mide. I arrange ander
	Quest to allow me /my child to horseback ride						
	and by my /my child's participation in the spot						
	equipment and personal discipline will minim			injury does exist. I e	expect only the own	ership and managen	nent of Teen Quest to allow
	my own risk. Junior age students only partic	ipate in target prac	etice.				
PARENTAL/GUARDIAN AUTHORIZA							
	consent to the First Aid personnel assigned by						
	within their individual certifications, licenses a						
	rgency medical treatment if indicated, and I do						
	the use of the following generic, over-the-cou						
nausea/diarrhea, Epi-pen, (by prescription	n), antacid, antibiotic ointment, hydrocortisone	e cream, burn crear	n, petroleun	i jelly, chapped skin/	lip treatment, antise	ptic skin and woun	d cleansers, Ipecac, electrolyte
replacement fluids, analgesic balms and g	gels. I have requested Teen Quest to allow my	child to participat	e in any and	all activities that ma	y include but are no	ot limited to those o	outlined in the camp brochure.
As a condition of receiving this benefit, I	do hereby agree to the following: I understand	d that my child's p	articipation	in these activities car	n expose him/her to	dangers both from	known and unanticipated risks
	ited to: rock climbing, rappelling, hayrides, go						
ropes, trampoline, basketball, football, ho	ockey, field games, snow tubing, snow boarding	g ice hockey sno	w mobile ric	ling/tubing Acknow	ledging that such ris	sks exist. I, on beha	If of myself, my child and any
	ert any rights for or on behalf of my child, do						
	t, attorneys, or any other person or persons ass						
	damages, expenses, costs or liability (collective						
	nce of any of the Released Parties, whether such						
	ms include Losses arising out of any condition						
	, whether planned or unplanned. I further under						
	ledge that I have read and understand this form	n and the release g	ranted above	e and warrant that all	statements made h	erein are true to the	best of my knowledge. I have
	by signing below agree to the terms herein.						
	aim for damages arises, the Participant (or pare						
	gree upon such a process, the dispute will be su						
	s in which myself or said minor child appears t						
Teen Quest Ranch Please: NC	O alcohol, drugs, fireworks, knives, personal e	lectronic equipmer	nt, or paintba	ılls. You may bring	your own paintball	gun. We are not re-	sponsible for loss or theft.
SIGNATURE OF PARENT / LEGAL GU	UARDIAN	DATE:		PRIN	TED NAME OF PA	RENT	
				_			
SIGNATURE OF PARTICIPANT		DATE:		If ov	ver 18 years of age		



#### **Allergy Awareness Form**

Dear Parent,

We are here to make your child's camping experience a positive life-changing one. We will do all we can to make that happen. Due to the fact some students have nut, gluten, casein, and various other allergies to food, we try to keep our menus simple with simple ingredients.

We do our best to accommodate <u>food allergies</u> if notified two weeks ahead of scheduled camp with this form signed. <u>We do not prepare special food due to preference.</u>

We serve buffet style meals and we serve salad bar most meals and fruit at every breakfast. Please be aware that we are not a dedicated facility and process all types of food in the same kitchen.

For those parents extremely concerned: Due to cooking for high volume, it will be very helpful for your student to pack some of his/her substitution food. We can discuss the need for this if needed, depending on your child's particular allergy and how severe. Yes, there is refrigeration and storage.

Note: Our Tin Spur, the snack shop, does have candy bars and chips that possibly contain nuts or have been made in factories with nuts. We also serve milkshakes.

All guests assume personal responsibility for their dietary needs and communication of dietary needs. We will do our best to accommodate you.

Please fill out the following information to en	nable us to serve you b	etter.		
Camper's Name F	hone	Parent's Phone		
Email@	<u> </u>			
My child is allergic to -				
Past allergic reactions and how handled -				
Does your child have an epi pen?	Yes		No	
*Please make sure you pack if one is needed.  Does he/she know the process of using an	epi pen?		No	
Signature	 Date		FM0024	