

# Health Index Overall Scorecard

<u>Module 1: School Health and Safety Policies and Environment</u>	85%
<u>Module 2: Health Education</u>	91%
<u>Module 3: Phys Ed. and Other Activity Programs</u>	74.50%
<u>Module 4: Nutrition Environment and Services</u>	86%
<u>Module 5: School health services</u>	83%
<u>Module 6: School Counseling, Psychological, and Social Services</u>	82.70%
<u>Module 7: Social and Emotional Climate</u>	85%
<u>Module 8: Physical Environment</u>	91.50%
<u>Module 9: Employee wellness and Health Promotion</u>	51%
<u>Module 10: Family Engagement</u>	67.80%
<u>Module 11: Community Involvement</u>	52%

## Top Priority Actions

Below are the top priority actions from the three lowest scoring modules.

They are listed according to focus on cost, time required, commitment levels, feasibility, and overall importance recommended by participating staff.

The committee must choose at least three actions to be completed by the end of the 2020-2021 school year.

### Module 9: Employee wellness and Health Promotion

#### **Weaknesses**

Health education isn't tailored nor does it focus on staff development or behavior choices

Stress management should be offered on-site

Conflict resolution training is not offered

Lack of promotion for employee wellness programs offered through insurance or an overall wellness program

#### **Top priority actions**

- 1.) Allow staff to use the gym during planning times
- 2.) Utilize wellness opportunities to help make decisions for our middle states goal, especially on PD days
- 3.) Create resource lists for staff to access where to go for respective issues/ more opportunities for self-care
- 4.) Offer training for stress management and conflict resolution
- 5.) Offer fitness classes to staff on half days

## Module 10: Family Engagement

### **Weaknesses**

Lack of staff knowledge of parenting strategies

Being high school only, a lack of long term parental engagement

No parental volunteer opportunities

No systematic or formal process for parents/guardians to be a part of school decision-making

### **Top priority actions**

- 1.) Create a professional development for admin and wellness staff on family engagement and assisting families with seeking services.
- 2.) Survey parents/guardians regarding school health
- 3.) Create lists of helpful parenting strategies to support high school students
- 4.) Utilize volunteers

## Module 11: Community Involvement

### **Weaknesses**

Limited number of community groups and organizations we work closely with

Low utilization of community volunteers

No community-wide health promotion events

No partnerships with healthcare providers

### **Top priority actions**

- 1.) Create a process to utilize volunteers
- 2.) Build relationships with community organizations and invite them to participate in relevant meetings
- 3.) Health fair to bring in organizations to address health and safety
- 4.) Create a plan to work with community partners with the specific goal of engaging students and their families in health promotion activities